

WHAT IS AVAILABLE

Apple and Apricot

These adjacent poustinias each consist of a spacious bed-sit with a kitchen area. There is a shared shower and toilet. They are insulated and double-glazed.

Walnut

Walnut is slightly smaller and a chalet-style construction with a bed-sitting room, kitchen, shower and toilet. There is a thermostatically controlled heating system.

Covered verandahs provide an additional sheltered seating area since each poustinia overlooks part of the conservation area of the Grail garden.

Bedding and towels are provided in all three poustinias.

Milk, biscuits and provisions for hot drinks are stocked in the poustinia.

Lunch can usually be provided by prior arrangement and can either be eaten with the Community or taken away.

For resident poustiniks we provide some basic foods including milk, bread and eggs. There are several supermarkets in and around Pinner and each poustinia has a fridge, small oven and microwave



The days are yours to use as you wish. If you want help with how to spend your time, or would like some spiritual accompaniment please let us know when you book. Details of worship in the local churches are to be found in each poustinia, together with other general information and guidance.

People tell us, in the Grail community, about the serenity and peace they experience here, tucked away as we are between busy Pinner and the roaring Uxbridge Road. To put our home at the disposal of others seems to us to be a way of appreciating it and of thanking God for this gift which we simply call Waxwell.



The Grail Centre, 125 Waxwell Lane,
Pinner, Middx HA5 3ER
Tel: 020 8866 2195 Fax: 020 8866 1408
Email: poustinias@grailsociety.org.uk
<http://www.grailsociety.org.uk>

POUSTINIA



A place
to be with God

*Take time out from daily
stress and pressure.
Have space to relax,
study and write*

THE GRAIL CENTRE

The Russian word POUSTINIA means a place set apart. We can offer somewhere for you just to BE in solitude, and to experience the quiet stillness within our ten acres of grounds which include an ornamental garden and a conservation area. Both resident and day poustiniks are welcome.

(See over for further information about available accommodation etc)

Prices until April 2011

These include light, heating, tea/coffee and all food where applicable.

One day with lunch	£19.50	
One day without lunch	£14.00	
24 hours with lunch	£29.00)	Deposit £10.00
24 hours without lunch	£23.50)	
48 hours with lunch	£52.00)	Deposit £10.00
48 hours without lunch	£41.00)	
3 - 4 nights, per night with lunch	£26.00	Deposit 20%
without lunch	£19.50	
5 nights or more, per night with lunch	£25.00	Deposit 20%
without lunch	£19.50	

Spiritual Accompaniment

Donations are requested of between £10 - £30 depending on your circumstances

Booking

Please telephone to check the availability of the dates you require, and to arrange any spiritual accompaniment.

To confirm a residential booking please return the completed booking form with the appropriate deposit, and state any dietary requirements.

Enclose an SAE for written confirmation.

If you can pay more than we ask, your contribution will help other poustiniks.

If you find the prices too high, please let us know.

For bookings and further enquiries please contact:

Poustinia Days, The Grail Centre,
125 Waxwell Lane, Pinner, Middx HA5 3ER

Tel: 020 8866 2195 Fax: 020 8866 1408

Email: poustinias@grailsociety.org.uk

POUSTINIA BOOKING FORM

NAME

ADDRESS

..... POSTCODE

Phone: Email

Date(s) requested

Poustinia(s) requested

Arrival time: Departure time:

Lunch required? yes / no

If staying overnight or having lunch please cross out what you do not eat:

Red meat, white meat, fish, dairy, wheat products,

other (please specify)

Deposit enclosed:

Signed: Date: